

PERMANENTLY PERFECT

Lip permanent makeup Aftercare

Following your lip permanent makeup procedure, aftercare is necessary to achieve the best results.

Please review the following instructions and refer to them as necessary. If during the healing process you have any questions or concerns do not hesitate to contact Kristina at 18006209127 or kristina@permanentlyperfect.net.

Day 1 Post Care Instructions:

1. Do not apply anything to the treated area for at least an hour.
2. After an hour you may apply the healing balm provided to the lips as often as you need for comfort.
3. Do not use Neosporin on the treated area.
4. Feel free to use frozen peas or blueberries in a plastic bag wrapped in a soft paper towel to the lips to minimize any discomfort.
5. Feel free to use any pain killer you normally use to calm any discomfort you experience upon numbing wearing off.
6. Before going to sleep, gently wash the lips with a basic cleanser such as Cetaphyl, blot dry and apply the aftercare cream which was provided to you. AVOID any cleansers which have acid, benzoyl peroxide or whitening properties such as Obagi, etc. Take care to use a basic cleanser and if you do not have one simply use hand soap.
6. On the first night please keep in mind the color could get on your pillow case so put a clean towel or new clean pillow case on that you don't mind if color slightly rubs off on it if you are a side sleeper.

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7. Sleep slightly elevated or “propped up” on a pillow if you are able. This will help to minimize any swelling which may develop over night as a result of laying flat.
8. Avoid eating spicy and salty foods, and acidic drinks such as orange or lemonade for 2 days.

Day 2 Post Care Instructions:

1. Upon waking, wash lips in the same manner as the evening before taking care to soften any crusts which may have accumulated over night. Simply use a clean cloth with warm water on the area to soften any crust and gently clean off. Apply more aftercare cream. **Continue this process of cleansing and applying cream twice a day until the exfoliation process has completed (Generally around Day 7 following the procedure date)**

Day 3/4 Post Care Instructions:

1. You may start to experience some slight flaking or exfoliation of the color on this day, or it could start on day 4. Do not pick the color off. Apply more cream to the area and allow it to fall off naturally on it’s own. If you pick off the colored flakes you could end up with an area blank and void of color.

You may experience the following symptoms and all are a completely normal part of the healing process

- Swelling and redness.
- Tenderness.
- Upon waking the day after the procedure, a thin veil of yellowish crust may be present. Simply cleanse and apply cream.
- Flaking and mild itchiness as the lips heal.
- Dry skin that may remain for up to 3 weeks.

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Avoid For 2 Weeks

•Do not expose your enhancement to direct sun, tanning treatments, Jacuzzis, saunas, salt water, lake water, chlorinated pools and direct shower spray. Do not receive bleaching, waxing, electrolysis or laser hair removal treatments close to your lips.

Important Notes

•If you have a history of cold sores use an anti viral medication such as Valtrex or Zovirax as directed starting immediately after the permanent makeup procedure. If an outbreak does occur it will generally begin on day 3 of the healing process.

•If you plan to have laser treatments near your lip area ensure that you tell the technician that you have permanent makeup and to not get any where near the lip color. The laser can turn the permanent makeup pigment black if the laser comes in contact with it.

•Remember, your selected color will be stronger and more sharply defined for 4 – 5 days and will then shed away appearing as if little or no color is present. Over the next 2 weeks the color will blossom into a considerably softer version of the color present on day 1.

•The approximate healing period is 14 days, however healing can be prolonged if your immune system is compromised.

•Keep in mind that in many cases, some unevenness of color is to be expected. This is the purpose of the touch up visit allowing us to fine tune your permanent makeup. The cost of the touch up visit is \$50 and lasts around 2 hours.

!!!Signs and symptoms of infection, including but not limited to, abnormal swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, or purulent drainage from the procedure site. Seek medical care immediately if you experience any of the signs/symptoms above.!!!

Long Term Care

•Use a good sunscreen on your lips if out in the sun for prolonged periods of time. Sun exposure will fade your permanent cosmetics.

•If you are planning a chemical peel, laser treatment or an MRI scan, please inform the technician of your permanent cosmetics.