

# PERMANENTLY PERFECT

## *Eyebrow/Eyeliner*

### *permanent makeup Aftercare*

**Following your lip permanent makeup procedure, aftercare is necessary to achieve the best results.**

**Please review the following instructions and refer to them as necessary. If during the healing process you have any questions or concerns do not hesitate to contact Kristina at 18006209127 or [kristina@permanentlyperfect.net](mailto:kristina@permanentlyperfect.net).**

### **Day 1-3 Post Care Instructions:**

1. Do not wash or apply anything to the treated area for 3 days.
2. Feel free to use any pain killer you normally use to calm any discomfort you experience upon numbing wearing off.
3. On the first night please keep in mind the color could get on your pillow case so put a clean towel or new clean pillow case on that you don't mind if color slightly rubs off on it if you are a side sleeper. It's also important to use a clean pillowcase as our hair harbors staph and bacteria and could be on the pillow case from the previous nights sleep. Better to be safe than sorry!
4. When taking a shower over the next 3 days, its ok if some water gets on the treated area. However, please do not stand directly under the shower spray and allow it to hit the permanent makeup. Upon completion of bath/shower gently pat dry the treated area to ensure it is dry.
2. Starting the evening of the 3<sup>rd</sup> day following the procedure, gently wash the treated area with a basic cleanser such as Cetaphyl, blot dry and apply the aftercare cream which was provided to you. AVOID any cleansers which have acid, benzoyl peroxide or whitening properties such as Obagi, etc. Take care to use a basic cleanser and if you do not have one simply use hand soap.
3. Do not use Neosporin on the treated area.
7. Avoid excessive sweating.
8. Avoid putting makeup on the treated area.

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9. Avoid mascara if you received eyeliner permanent makeup.

## Day 4-7 Post Care Instructions:

1. Upon waking, wash treated area in the same manner as the evening before taking care to soften any crusts which may have accumulated. Simply use a clean cloth with warm water on the area to soften any crust and gently clean off. Apply light layer of aftercare cream. **Continue this process of cleansing and applying cream twice a day until the exfoliation process has completed (Generally around Day 7 following the procedure date)**

## Day 3/4 Post Care Instructions:

1. You may start to experience some slight flaking or exfoliation of the color on this day, or it could start on day 4. Do not pick the color off. Apply more cream to the area and allow it to fall off naturally on it's own. If you pick off the colored flakes you could end up with an area blank and void of color.

You may experience the following symptoms and all are a completely normal part of the healing process

- Swelling and redness.
- Tenderness.
- Upon waking the day after the procedure, a thin veil of yellowish crust may be present. Simply cleanse and apply cream. If not present do not cleanse until the evening of day 3 following the procedure.
- Flaking and mild itchiness as the treated area heals.
- Dry skin that may remain for up to 3 weeks.

### **Avoid For 2 Weeks**

- Do not expose your permanent makeup to direct sun, tanning treatments, Jacuzzis, saunas, salt water, lake water, chlorinated pools and direct shower spray.
- For first two weeks, do not receive eyebrow tinting, waxing, electrolysis or laser hair removal treatments close to the area.

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- Avoid Skin-care beauty treatments such as Microdermabrasion, Microneedling, Laser treatments near the permanent makeup.

## **Important Notes**

- Remember, your selected color will be stronger and more sharply defined for 4 – 5 days and will then shed away appearing as if little or no color is present. Over the next 2 weeks the color will blossom into a considerably softer version of the color present on day 1.
- The approximate healing period is 30 days, however healing can be prolonged if your immune system is compromised.
- Keep in mind that in many cases, some unevenness of color is to be expected. This is the purpose of the touch up visit allowing us to fine tune your permanent makeup. The cost of the touch up visit is \$50 and lasts around 2 hours.

**!!!**Signs and symptoms of infection, including but not limited to, abnormal swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, or purulent drainage from the procedure site. Seek medical care immediately if you experience any of the signs/symptoms above**!!!**

## **Long Term Care**

- Use a good sunscreen on your permanent makeup if out in the sun for prolonged periods of time. Sun exposure will fade your color quicker.
- If you are planning an MRI scan, please inform the technician of your permanent cosmetics.

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## Daily Care following your treatment:

Day 3- Day 7	<p><b>Use a gentle facial cleanser (such as Cetaphil) to cleanse the area once or twice per day starting the third night.</b></p> <p><b>Apply cleanser with a Q-tip to area and then rinse off gently with tepid water and pat dry with clean tissue or soft cloth.</b></p> <p><b>Apply only a thin layer of the healing cream, as you want the permanent makeup to be able to “breathe” to encourage healing.</b></p> <p><b>Do not use any cleansers such as scrubs or those that contain acid. (such as alpha hydroxyl, beta hydroxyl, lactic, salicylic, glycolic)</b></p> <p><b>*If the enhancement area gets VERY itchy, flaky, or cracked, you may start with the instructions above before the 3<sup>rd</sup> day.</b></p>
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## Long-Term Care

- Use a good sunscreen on your enhancement area if you plan to be in the sun for prolonged period of time. Sun exposure will fade your permanent makeup.

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- If you are planning a chemical peel, laser procedure or MRI scan, please inform the technician of your permanent makeup. The use of chemical peels and acid peels regularly on the forehead region can cause permanent eyebrows to fade prematurely.
- The use of Retin-A/Tretinoin or any other rapid skin exfoliation products used regularly on any area surrounding the enhancement area will cause the permanent makeup to fade prematurely.
- The regular use of eye drops or other preparations instilled in the eyes will cause premature fading of permanent eyeliner.
- The use of exfoliating cleansers (scrubs, clairsomic, cleansers with acne fighting ingredients or “acid” in the name will cause rapid exfoliation of the skin containing the pigment and will increase odds of premature fading.

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